

# THE ARCOLA ACTION...

# AUGUST



## VISIT THE ARCOLA COMMUNITY CENTER THIS SUMMER

- THE LAST DAY OF SUMMER CAMP FOR JOURNEY CAMP IS AUGUST 12TH. THE LAST DAY OF CAMP FOR OVERNIGHT CAMP IS AUGUST 5TH.
- THE LAST DAY OF CAMP FOR "GO" CAMP AND ADVENTURE CAMP IS AUGUST 26TH.
- THE FIRST DAY OF PRESCHOOL IS AUGUST 29TH.
- PLEASE EMAIL ANY COMMENTS/SUGGESTIONS ABOUT ARCOLA'S E-REC NEWSLETTER TO [dkling@loudoun.gov](mailto:dkling@loudoun.gov)

**24244 Gum Spring Road**  
**Sterling, VA 20166**  
**703-327-3111 (office)**  
**703-327-4002 (fax)**



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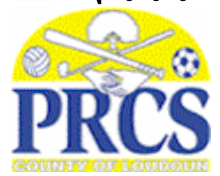
## SPECIAL EVENTS AND TRIPS

*DUE TO OUR BUSY SUMMER CAMP SCHEDULE THERE ARE  
NO TRIPS OR SPECIAL EVENTS AT ARCOLA COMMUNITY CEN-  
TER PLANNED FOR THE MONTH OF AUGUST.*



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## PRESCHOOL FUN CAMP

(Ages 3-6)

**605125-01-08** \$60/week, No camp wk of 7/4  
Tu,W,Th 6/21-8/11 9am - 12pm

## T-BALL

(Ages 3.5-5) This fundamentals class will teach basic skills and rules.

**405109-01** \$18.00  
M 8/1-8/22 12:15P- 1:00P

## WATER FUN

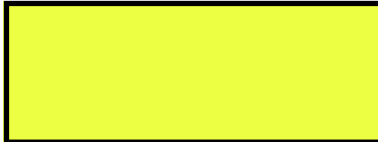
(Ages 3-6) Getting hot outside? We'll cool you down with tons of fun water games that we will play outside. Make sure you wear your swimsuit and bring a towel.

**405110-01** \$10.00  
W 8/17-8/17 12:15P- 1:00P

## PRINCESS TEA PARTY

(Ages 3-6) Wear your favorite princess dress and join us for lunch and tea!

**405101-02** \$8.00  
W 8/3-8/3 12:15P- 1:00P



## ARCOLA JOURNEY CAMP

(Ages 5-8)

**605205-01-08** \$150.00/week  
M,Tu,W,Th,F 6/20-8/12 7:30A-6:00P

## GREAT OUTDOORS "GO" CAMP

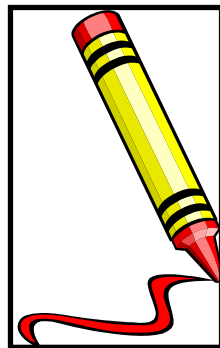
(Ages 6-10)

**605206-01-10** \$135.00/week  
M,Tu,W,Th,F 6/20-8/26 7:30A-6:00P

## ARCOLA ADVENTURE CAMP

(Ages 8-14)

**605207-01-10** \$160.00/week  
M,Tu,W,Th,F 6/20-8/26 7:30A-6:00P



## KIDZART (KINDERGARTEN)

(Ages 5-6) KidzArt allows students to create original, representational art in a very short time. \$5.00 supply fee due at first class.

**405203-02** \$48.00  
Th 8/4-8/25 9:45A-10:30A

## ABRAKADOODLE-TWOOSY DOODLERS

(Ages 20-36 mo.) Explore creativity with paint, textures, paper, glue and modeling compounds.

**405105-02** \$64.00 (+ \$13 supplies)  
W 8/3-8/24 11:15am - 12pm

## KIDZART (ELEMENTARY)

(Ages 6-12) KidzArt allows students to create original, representational art in a very short time. \$5.00 supply fee due at first class.

**405204-02** \$52.00  
Th 8/4-8/25 11:00A-12:00P

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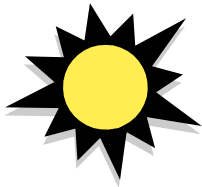
## MIDDLE SCHOOL, HIGH SCHOOL,

### GET INVOLVED WITH RECREATION

(Ages 9-15) Get involved and get noticed! We need help with all sorts of recreational tasks.

#### Free Event

Sa 6/4-8/28 11am - 1pm



### OVERNIGHT ADVENTURE CAMP

(Ages 12-15)

**605301-02-07** \$185.00/week

M,Tu,W,Th,F 6/27-8/5

7:30am -

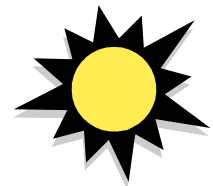
6pm

### PARENTS NIGHT OUT

(Ages 18 & up) Have a night out on the town and leave your kids with us. We'll have pizza, watch a movie and do fun crafts.

**405501-01**

W 8/10-8/10 6:00P- 8:30P



### DROP-IN ROCK CLIMBING

(Ages 5 & up) It's never too early to learn the fun of indoor rock climbing! Join us and climb Mt. Arcola on our own rock-climbing wall!

**Pay at Door** \$5.00

W 6/1-8/31

7:00P-9:00P

Sa 6/4-8/27

1:00P-3:00P

### FAMILY DROP-IN GYM TIME

(All Ages) Moms and Dads, come spend some quality time with your kids in our air-conditioned gym. We have bats, balls, hoops and other equipment at your disposal; the lessons are up to you.

**Pay at Door** \$2.00 adults / \$1.00 kids

Sa 6/4-8/27

9:00A-11:00A

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## LICENSED PROGRAMS

### THREE YEAR OLD CLASSES - Must be 3 years old by 9/30/05

	3 DAY	2 DAY	2 DAY AFTERNOON
TEACHER		<b>Ms. Vickie</b>	<b>Ms. Vickie</b>
DAYS		Tues/Thurs	Mon/Wed
TIME		8:30am – 11:30am	12:30pm – 3:00pm
COST		\$130 per Month	\$110 per Month
ACTIVITY #		605102-00	605103-00
TEACHER	<b>Ms. Camille</b>	<b>Ms. Camille</b>	<b>Ms. Camille</b>
DAYS	Mon/Wed/Fri	Tues/Thurs	Tues/Thurs
TIME	9:00am – 12:00pm	9:00am – 12:00pm	1:00pm-3:30pm
COST	\$185 per Month	\$130 per Month	\$110 per month
ACTIVITY #	605105-00	605106-00	605112-00
TEACHER	<b>Ms. Carolyn</b>	<b>Ms. Carolyn</b>	
DAYS	Mon/Wed/Fri	Tues/Thurs	
TIME	9:30am – 12:30pm	9:30am – 12:30pm	
COST	\$185 per Month	\$130 per Month	
ACTIVITY #	605110-00	605111-00	

WE ARE NO LONGER ACCEPTING LOTTERY FORMS FOR THE 2005-2006 PRE-SCHOOL YEAR. IF HOWEVER YOU ARE INTERESTED AND DID NOT MAKE EITHER CUT FOR THE REGISTRATION PLEASE CALL THE ARCOLA COMMUNITY CENTER AT 703-327-3111 AND WE MAY BE ABLE TO PLACE YOU ON OUR WAITLIST. THE FOLLOWING ARE ALL THE PRESCHOOL CLASSES THAT WILL BE OFFERED THIS FALL.

### FOUR YEAR OLD CLASSES - Must be 4 years old by 9/30/05

	5 DAY	3 DAY	2 DAY	3 DAY AFTERNOON
TEACHER	<b>Ms. Margie</b>	<b>Ms. Vickie</b>		<b>Ms. Jamie</b>
DAYS	M/Tu/W/Th/F	Mon/Wed/Fri		Mon/Wed/Fri
TIME	8:30am – 12:00pm	8:30am – 11:30am		1:00pm – 3:30pm
COST	\$370 per Month	\$185 per Month		\$155 per Month
ACTIVITY #	605104-00	605101-00		605115-00
TEACHER	<b>Ms. Gail</b>	<b>Ms. Melanie</b>	<b>Ms. Melanie</b>	<b>Ms. Gail</b>
DAYS	M/Tu/W/Th/F	Mon/Wed/Fri	Tues/Thurs	Mon/Wed/Fri
TIME	9:00am – 12:00pm	9:30am – 12:30pm	9:30am – 12:30pm	1:00pm – 3:30pm
COST	\$320 per Month	\$185 per Month	\$130 per Month	\$155 per Month
ACTIVITY #	605107-00	605113-00	605114-00	605108-00
TEACHER	<b>Ms. Jane - PRE-KINDERGARTEN</b>			
DAYS	M/Tu/W/Th/F			
TIME	9:00am – 1:00pm			
COST	\$420 per Month			
ACTIVITY #	605109-00			

### FIVE YEAR OLD (+) CLASSES - Must be 5 years old by 9/30/05

\*\*The following programs are recreational based and are not meant as a replacement or supplement for Kindergarten.

	5 DAY B4 K	5 DAY AFTER K	5 DAY K CLUB
TEACHER	<b>TBA</b>	<b>Ms. Cara -</b>	<b>TBA</b>
DAYS	M/Tu/W/Th/F	M/Tu/W/Th/F	M/Tu/W/Th/F
TIME	8:00am - 11:30am	11:00am – 2:30pm	2:30pm - 6:00pm
COST	\$225 per Month	\$225 per Month	\$225 per Month
ACTIVITY #	605200-00	605201-00	605202-00

\*\*\*Transportation for Kindergarten programs provided to/from Legacy and Pinebrook elementary schools with possible service to Little River and Hutchinson based on demand





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## LICENSED PROGRAMS

## ARCOLA ADVENTURE CAMPS

Dear Camp Parents,

We plan to offer the camps listed below for the summer of 2005. The camps are divided mostly by activity level and age. Registration for the following camps will be on lottery system this year with previous participants (and siblings) registering between March 1, 2005 and March 12, 2005. The computer will put participants in a random ordered list, after which we will call to place participants. Parents will have one week to return the paperwork to the center and pay the fees to confirm their camps for the summer. These daylong camps run from 7:30am to 6:00pm with most field trips running from 9:00am to 4:30pm. Please see the main camp form for weeks and prices. The camps for the summer of 2005 are as follows:

### **ARCOLA JOURNEY CAMP (Ages 5 to 8)**

This will be a non-strenuous camp. A typical camp week will include two days of activities at Arcola; a day at Kings Dominion and 2 days of theme related activities at various sites. This camp will have a maximum enrollment of 30 kids with 4 staff and 1-3 CIT's. Themes are: PUBLIC SAFETY 6/20-6/24, ANIMALS 6/27-7/1, PATRIOTIC 7/5-7/8, INDOOR SPORTS 7/11-7/15, MUSIC 7/18-7/22, FARM LIFE 7/25-7/29, DRAMA 8/1-8/5, OUTDOOR SPORTS 8/8-8/12

### **GREAT OUTDOORS CAMP – "GO" (Ages 6 to 10)**

This will be a mildly strenuous camp but at a slower pace. A typical camp week will include 1-2 days of climbing/activities at Arcola; a day at Kings Dominion and 2-3 days of hiking/nature related activities at various sites. Group will go at the pace of the slowest camper. This camp will have a maximum enrollment of 30 kids with 4 staff and 1-3 CIT's.

### **ARCOLA ADVENTURE CAMP (Ages 8 to 14)**

This will be a strenuous camp and campers will be required to keep the pace set by the group. Campers unable to keep up with the group will be removed from the camp and placed in another on site, less strenuous camp. A typical camp week will include a day of climbing/activities at Arcola, a day at Kings Dominion, a day of tubing and 2 days of hiking/adventure related activities at various sites. Group will go at a steady pace. This camp will have a maximum enrollment of 24 kids with 4 staff and 1-2 CIT's. *Some weeks (to be determined) will have an optional overnight camping trip for a small additional fee.*

### **OVERNIGHT ADVENTURE CAMP (Ages 12 to 15)**

This will be a very strenuous camp and campers will be required to keep the pace set by the group. Campers unable to keep up with the group will be removed from the camp and placed in another, on site, less strenuous camp. A typical camp week will include a day of climbing/activities at Arcola, a day at Kings Dominion, a day of tubing and 2 days (1 night - Wednesdays) of camping and hiking/adventure related activities at various sites. Group will go at a steady pace. This camp will have a maximum enrollment of 12 kids with 2 staff with 1 CIT. Participants will need to provide their own sleeping bag and toiletries for the camping night; we will provide tents and food. Camp outs require hiking to the tent sites. Participants would be required to pack and carry their own belongings along with a portion of the food/equipment.

### **ADVENTURE COUNSLOR IN TRAINING (CIT) PROGRAM**

ATTENTION, PARENTS OF STUDENTS ENTERING GRADES 10-12, if you're looking for a great summer volunteer experience for your teen, consider the Arcola Adventures Counselor-in-Training (CIT) program. The CIT program offers a wonderful opportunity to build leadership skills, gain needed community service hours, foster independent thinking and explore future career possibilities in recreation.

- CIT's will assist the staff with facilitating the Arcola Adventure Camps.
- CIT program will operate Monday-Friday from June 20-August 26.
- CIT work hours will vary between 7:30A-6:00P.
- Students entering Grades 10-12 in Fall 2005 are eligible for the program.
- CIT's will participate in all camp field trips and activities.

This will be a strenuous program and participants will be required to keep the pace set by the group. Interested participants must interview for these volunteer, non-paid positions. Selected CIT's will be required to attend a mandatory training/orientation session at the Arcola Community Center. Each of the Arcola Adventure camps will have 1 to 3 CIT's and these CIT's will work closely with staff and campers. CIT's will be assigned to and shadow staff and will never be left in charge of campers, but will otherwise be required to perform duties as camp staff. CIT's must be available for the majority of the 10 week summer. The \$70 fee includes training, a CIT handbook, admissions and a T-shirt. For more information contact the Arcola Community Center at 703-327-3111.

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## LICENSED PROGRAMS

### ARCOLA CHILDCARE PROGRAM

(Ages 2.5-5) Looking for a childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment with age appropriate activities to promote the physical, social and intellectual growth of children 2.5-5 years of age. Healthy breakfasts and snacks are provided. Program hours are 7:00 am to 6:15 pm Monday - Friday. Call the Arcola Community Center for more information and availability. For more information please call the Arcola Childcare at 703-327-3311.

#### FEES:

<b>Full-Time Childcare (7:00 am - 6:15 pm)</b>	<b>\$155 per week</b>
<b>Afternoon Childcare (12:00 pm– 6:15 pm)</b>	<b>\$132 per week</b>
<b>Morning Childcare (7:00 am– 12:00 pm)</b>	<b>\$110 per week</b>
<b>Drop-In Childcare (as scheduled)</b>	<b>\$6 per hour</b>
<b>Registration Fee</b>	<b>\$45 per year</b>

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## DROP-IN & FACILITY RENTALS



ARE YOU THE ADVENTUROUS TYPE? DO YOU HAVE A BURNING DESIRE TO CLIMB THINGS? IF SO, COME VISIT "THE ROCK" AT ARCOLA COMMUNITY CENTER FOR DROP-IN ROCK CLIMBING. WE ARE ONE OF A VERY FEW FACILITIES THAT HAS A ROCK WALL, WITH 5 COURSES RANGING FROM BEGINNER TO ADVANCED YOU WILL HAVE A BLAST!!

DROP-IN HOURS FOR ROCK CLIMBING ARE :

WEDNESDAY EVENINGS- 7PM-9PM

SATURDAY AFTERNOON-1PM-3PM

PRICE IS \$4 FOR CHILDREN AND \$5 FOR ADULTS, FEE INCLUDES HELMET, HARNESS, AND INSTRUCTOR.

### FACILITY RENTALS

#### **CLASSROOM**

#### **fee/hr**

Commercial Customer	\$26
Non-Commercial	\$13

#### **GYMNASIUM**

#### **fee/hr**

Commercial Customer	\$65
Non-Commercial	\$39

#### **CLIMBING PARTIES**

**\$67**

#### **PAVILION RENTALS**

#### **fee/hr**

1/2 day rentals am or pm (less than 5 hours)	\$52
Full day rentals (5 hours or more)	\$78

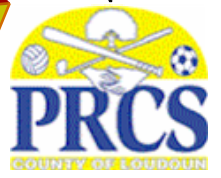


**\* In order to reserve something at Arcola you must visit the Community Center and fill out a facility reservation form\***



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## ARCOLA COMMUNITY CENTER

WELCOME TO THE ARCOLA COMMUNITY CENTER'S ADVISORY BOARD PAGE ON THE E-REC NEWSLETTER. THE ADVISORY BOARD IS A GROUP OF LOCAL INDIVIDUALS WHO ARE INVOLVED WITH THE COMMUNITY OR COMMUNITY CENTER IN SOME CAPACITY. THEIR MISSION IS BASICALLY TO HELP SUPPORT THE ARCOLA COMMUNITY CENTER STAFF AND THE PARENTS OF THE PROGRAMS WE OFFER. FOR MORE INFORMATION OR TO GET INVOLVED WITH THE ADVISORY BOARD PLEASE CONTACT THE ARCOLA COMMUNITY CENER AT 703-327-3111

- THE ADVISORY BOARD MEETS ON THE FIRST THURSDAY OF EVERY MONTH AT 12:45.

HERE IS A LIST OF SOME OF THE ACTIVITIES/PROGRAMS THE ADVISORY BOARD PUTS TOGETHER:

- ANNUAL FALL FESTIVAL
- BOOK FAIR
- McDONALD'S McSPIRIT NIGHT
- MOVIE NIGHT
- READING RAINBOW
- THESE ARE JUST A FEW OF THE AMAZING THINGS THE ADVISORY BOARD DOES FOR THE COMMUNITY.



FALL  
FESTIVAL

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## REGISTRATION INFORMATION & COUPONS

VISIT PRCS ON THE INTERNET AT  
[WWW.LOUDOUN.GOV/PRCS](http://WWW.LOUDOUN.GOV/PRCS) AND VIEW ALL OF  
THE ACTIVITIES AND PROGRAMS OFFERED  
FROM PRCS.

YOU CAN ALSO REGISTER FOR PROGRAMS ON THE  
INTERNET JUST GO TO [WWW.LOUDOUN.GOV/PRCS](http://WWW.LOUDOUN.GOV/PRCS)  
AND CLICK ON THE WEBTRAC LINK. OR USE OUR

DON'T FORGET OUR FREQUENT USER CARDS:  
TAKE 10 CLASSES AND GET \$10 OFF ON YOUR 11TH CLASS!!

### ROCK CLIMBING



# FREE



#### ARCOLA COMMUNITY CENTER

This coupon is worth \$4 and can be redeemed for one free child drop-in rock climbing session.  
*One coupon per household only*

Tel: 703-327-3111

Expiration Date: 08/31/05

CREATED BY:  
DAVID KLING  
CENTER ASST.  
ARCOLA CC